

SAINT suggested Counsellors			
Georgina Daunt	www.georginadaunttherapy.com info@georginadaunttherapy.com	Near Old Street	Christian counsellor. Known to Hackney Church. Works with all issues and areas. Has had lots of experience working with pregnancy loss and adults processing childhood trauma.
Alison Bryan	http://www.centralpsychotherapy.com/	W1B 5TF	Christian counsellor, very experienced, comes highly recommended.
Sophie Guthrie-Kummer	sophie_kummer@yahoo.com		Recently qualified (I assumes therefore more affordable – recommended by Georgina Daunt).
Salvation Army Counselling Service	counselling@salvationarmy.org.uk – 020 8536 5480, 1 Water Lane, London	E15 4LU, (Stratford)	
Rachel Firth	020 87670767 rachel.firth@btconnect.com	Tooting	Christian with a diploma in pastoral counselling Areas of focus: Eating disorders, depression, bereavement, sexual abuse, relationship Issues

Ellen Yun	http://www.ellenyuncounselling.com/	Hoxton	Christian counsellor Anxiety, depression, family/relationships, general
Sandra Mtandabari	http://cps-london.co.uk/the-team/ms-sandra-mtandabari/	Old Street	Christian Counsellor
Liz Grant	020 76271621	Clapham North	Doesn't state she is a Christian counsellor but think she has a Christian faith
Sarah Morton	07505 321449 http://sarahmortoncounselling.webs.com/	Golders Green Parish Church	Areas of focus: Depression and Anxiety, Addictions, Eating Disorders, Sexual abuse, Self-esteem, Health related issues, Dissociative Disorders, Trauma, Spirituality, Personal development, Relationships
Janet Dain	020 7371 7550 j@netdain.com	Chelsea	BACP Christian counsellor Areas of focus: Anxiety, cancer, child related issues, relationships, identity issues, loss & bereavement, infertility, depression, spirituality.
Hugh and Ginny O'Connor	020 8741 115	Hammersmith	Christian counsellors – older couple. Counsel both individually and may counsel couples.
Jill Parnham	http://www.itsgoodtotalk.org.uk/therapists/in/19c57a/london-south-east/london/jill-parnham	South East London	BACP Christian Counsellor – offers reduced rates to students Areas of focus: Abuse, Anger Management, Anxiety, Bereavement, Depression, Disability, General counselling, Health related issues, Identity problems, Loss, Mental health

			issues, OCD, Phobias, Post-traumatic stress, Pregnancy related issues, Redundancy, Relationships, Self Esteem, Self-Harm, Spirituality, Stress, Work related issues
Anna Parker	07766 012 857 www.annaparker.co.uk counselling@annaparker.co.uk	Wimbledon	BACP Christian counsellor Areas of focus: Sexual and emotional abuse, Loss, Anxiety, Depression and low self-esteem, Spirituality, Chronic illness
Lynn Merrin	020 8715 0098 www.lynnmerrin.co.uk	Mitcham	Christian with a diploma in counselling Areas of focus: Abuse, Anxiety, Bereavement and Loss, Depression, Spirituality, Gender Issues
Peter Watts	http://www.itsgoodtotalk.org.uk/therapists/in/57c75c/london-central/london/peter-watts peter.counselling1@gmail.com	Balham, Clapham, Central London	Christian, with Level 4 Diploma Therapeutic Counselling Abuse, Addiction(s), Anger Management, Anxiety, Bereavement, Cultural issues, Depression, Eating disorders, General counselling, Identity problems, Loss, Mens Issues, Mental health issues, Obsessions, Redundancy, Relationships, Self Esteem, Self Harm, Sexual identity, Sexuality, Spirituality, Stress
Heather Churchill (husband Ian also counsels)	Tel: 07803 007 454 Email: hchurchill@cwr.org.uk	Romford (bit further out of London)	Specialisms: general, trauma, depression, anxiety, childhood abuse

Marianne Kinde	07584 626374 http://www.mariannekindetherapy.com info@mariannekindetherapy.com	Central London	Psychotherapy and counselling can address: Depression, anxiety including panic attacks, Effects of Trauma, Low self esteem, Relationship and intimacy issues, Eating disorders and body image, Sexuality, Bereavement, Stress, Self harm or suicidal thoughts, Abuse: Physical, Emotional , Sexual.
Brent Clark	07305 957902 www.brentjonclark.com email: brentjonclark@gmail.com	Central London and Deptford	Member of Association of Christian Counsellors. Specialisms include: <ul style="list-style-type: none"> - depression, anxiety and mood disorders, - addictions and behavioural dependencies - relationship difficulties (couples, people facing break ups and conflict, singleness, family/friendship conflict) - self esteem and confidence - work issues including stress, burn-out and exhaustion - co-occurring disorders
Caris Bereavement Counselling	020 7281 5200 http://www.carisislington.org/p/hdi/p1.nsf/supppages/1381?op=endocument&part=2)	Finsbury Park	Bereavement Counselling Service- free of charge For adults or children experiencing bereavement regardless of whether it is current or happened a long time ago. Not specifically Christian

- Costs for counsellors will vary from £30 up to £70 depending on if they offer a discounted rate. Roughly £50 a session.
- To find out about free NHS counselling speak to your local GP